

INTRODUCTION

Purpose

I have pondered many times at the question: “What is the meaning of life?” Yes, I know. Cliché. But who hasn’t really asked or been asked that question? At different stages of my life, it has rendered different answers. Some of these answers have been kind to me. They have covered me with joy and generosity, nourishing the woman I have become. Other moments have not been as tender, but they have also added their own weight to everything that makes up who I am.

I am a woman of many titles. I am a daughter, a sister, a mother, a wife, a mentor, a child of God, and more. As I resonate with all that I am and all that I call myself, I equally ask, “What is my purpose?”

Initially, it seems as cliché as the question on the meaning of life, but it is just as important. This question presses itself into my palms, asking them to hold one another tightly, and to hold onto another’s tightly. There have been many that contributed to my journey thus far, and they have bestowed upon me a strength that resides as deeply in me as my faith. This question has asked me to reevaluate all that I think I have known and to pull apart the strings tethering me to my past thoughts, past selves, past lives and loves. It has asked me to create and pave a way, take a road, travel a path not often seen. It has led me to write this book, to share my purpose with you all, and to discover further for myself.

I have spent many years running away from parts of myself, never confronting truths that had already made their presence known with the marks they left on my body and mind. I have found that I was only prolonging the inevitable, and furthermore, preventing my own abundance as I wind along this journey.

There are many things I wish for this book to hold close for you, as closely as I have and always will hold it for myself. I want you to read it and create a resounding sense of purpose, of selfhood, and of love that surpasses all concepts of time and space. That connects who you have been with who you have yet to be. I want you to see through my purpose the imperativeness of taking the time to find who you are and to know that you already have all the answers, you just have not yet realized. This journey is a long one, with many details captured and others lost to the winds of time. It is my realization. I only seek to honor myself as I always have, by honoring all that has been before me, all that I am now, and all that will come after.